Cultural Parenting

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| Subject | Teacher | Course | Date |
| Cultural Parenting |  Emodi Onwuka | African American Family- 3000AAS- Undergrad | November 5, 2019 |

Overview

|  | Teacher Guide |  |
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|  Content area | African American Studies. Cultural Parenting. Black Families. Nigerian Families. Understanding different cultures and how children are raised. This purpose of this lesson plan and lecture is to introduce students to cultural parenting in America. |  |
| Information | **What is Cultural Parenting?** First let’s unpack the meaning of culture. Culture is a set of distinctive patterns of beliefs and behaviors that are shared by a group of people. These beliefs and behaviors are infused into their daily lives. It is those very beliefs and behaviors that shape and create ways in how parents care and raise their children. Culture helps to construct parents and parenting and culture is maintained and transmitted by influencing parental cognitions that in turn are thought to shape parenting practices.  |  |
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| discussion | * Discussion on what Cultural Parenting and how culture is defined through the lens on parenting.
* The four parenting styles: Authoritative, Authoritarian, Permissive, and Neglectful
* Interpersonal skills
* African parenting styles: Folktales, Extended Family and Mother status
* Implications of parenting
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| Summary | Parenting is the process of raising and educating a child from birth or before adulthood. Parents carry out the responsibility of raising children so that they are well prepared to realize his or her full potential as a human being. African parenting involves supporting a child from birth to adulthood involving the physical, emotional social and intellectual capabilities African culture is rich. We should not neglect it out rightly because it is that which makes us Africans and African Americans. Let us embrace our good parenting practices so we can nurture responsible youth for the African continent. |  |